

Women in Leadership for Life: Words of Wisdom

Colleen Shepherd's words of wisdom for:

Emerging emerging woman leaders?

- Find one or more mentors to inspire and guide you.
- Join a network of women who are up to big things and who are there to support and leverage each other.
- Start before your ready - don't overthink— opportunity follows ACTION
- Speak your truth - trust your innate wisdom – be you

Mid career leaders?

- Don't forget to prioritize self-care as part of your leadership strategy
- Do things that fill your tank, bring you joy and energy
- Celebrate your wins and don't forget how far you've come
- Share your wisdom, offer mentorship to those coming up behind you
- Keep checking in on your North star ... are you still on course or is your vision evolving?
- It's never too late to course correct and live your evolving dreams

Women leaders in general?

- There has been no time in all of history, like now, for women to step forward and offer our unique leadership gifts to the world
- The world needs you – what's at stake if you do not follow your heart and share your voice?
- Don't be afraid ... you were born to do this! Joan of Arc

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